

Timothy Curran (he/his/him)

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Utah State University
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EDUCATION

- Ph.D. Communication Studies, University of Georgia, Athens, 2017
Emphasis: Health and Interpersonal Communication
- M.A. Communication Studies, University of Montana, Missoula, 2014
- B.A. Communication, Merrimack College, North Andover, 2012
Minor in English

ACADEMIC APPOINTMENTS

- 2022 - **Associate Professor**, Utah State University
Department of Philosophy, and Communication Studies
- 2020 - 2022 **Co-Graduate Director**, Utah State University
Communication Studies Master's Program
Department of Communication Studies and Philosophy
- 2017 - 2022 **Assistant Professor**, Utah State University
Department of Philosophy, and Communication Studies

PUBLICATIONS

Refereed Journal Articles

* indicates an undergraduate student author

**indicates a graduate student author

Curran, T., Seiter, J., *Elwood, R. E., **Lindsay M. (in press.). Negative social exchanges, loneliness, and the mediating role of stress and feeling misunderstood amongst people at high-risk for COVID-19 related complications. *Health Communication*.

Seiter, J., Curran, T., *Elwood, R. E. (2024). Make no apologies: Fear of negative evaluation, depressive symptoms, and the mediating role of accounting for COVID-safe behavior amongst people at high-risk for severe illness. *Health Communication*, 39, 896 – 905.
<https://doi.org/10.1080/10410236.2023.2191884>

- Curran, T., Arroyo, A., **Fabbricatore, J., Jiang J. (2023). White privilege critical consciousness, racial attitudes, and intergroup anxiety among parents and adult children in White families. *Communication Monographs*, 90, 246 – 270. <https://doi.org/10.1080/03637751.2023.2202712>
- Curran, T., Arroyo, A., **Fabbricatore, J. (2023). Family communication patterns and expressing racial microaggressions among White adult children. *Journal of Family Communication*, 23, 157–170. <https://doi.org/10.1080/15267431.2023.2205844>
- Arroyo, A. & Curran, T., Ruppel, E. (2022). Direct and indirect associations among social skills, social support, and psychosocial outcomes: Replicating and extending the social skills deficit vulnerability model. *Journal of Social and Personal Relationships*, 39, 505 – 525. <https://doi.org/10.1177/02654075211036741>
- Curran, T., Seiter, J. (2021). Examining the role of relational worry due to COVID-19 in the links between apprehension when communicating online, loneliness, and adhering to CDC guidelines. *Journal of Social and Personal Relationships*, 38, 1869 – 1876. doi: <https://doi.org/10.1177/0265407520985264>
- Seiter, J., Curran, T. (2021). Social distancing fatigue during the COVID-19 pandemic: A mediation analysis of cognitive flexibility, fatigue, depression, and adherence to CDC guidelines. *Communication Research Reports*, 38, 68 –7 8. <https://doi.org/10.1080/08824096.2021.1880385>
- Curran, T. (2021). Creating public service announcements on health disparities in the United States: A semester long assignment. *Communication Teacher* 35, 149 – 154. <https://doi.org/10.1080/17404622.2020.1834119>
- Curran, T., Seiter, J., Guan, M., *White, T., (2021). Intergenerational transmissions of mother-child communication apprehension, resilience, depressive symptoms, and self-esteem for adult children. *Psychological Reports*. doi: 10.1177/0033294120921355
- Curran, T., Meter, D., **Janovec, A., *Brown, E., & **Caban, S., (2021). Maternal adult attachment styles and mother-child transmissions of social skills and self-esteem. *Journal of Family Studies*. doi: 10.1080/13229400.2019.1637365.
- Seiter, J., Curran, T., Scharp, K., (2020). And the survey says...": Using family feud to understand, graph, report, and analyze different levels of data. *Syllabus*, 9, 12 – 23.
- Curran, T. (2019). Intergenerational transmissions of mother-child loneliness: A moderated mediation model of familial support and conflict avoidance. *Health Communication*, 34, 1166 – 1172. doi: <https://doi.org/10.1080/10410236.2018.1466229>
- Curran, T., *Worwood, J., & *Smart, J. (2019). Cognitive flexibility and anxiety symptoms: The mediating role of destructive parent-child conflict communication. *Communication Reports*, 32, 57-68. doi: <https://doi.org/10.1080/08934215.2019.1587485>

- Scharp, K. M., Seiter, J. S., & Curran, T. (2019). Keeping the doctor away: Learning supportive communication through an adaptation of the board game, Apples to Apples. *Communication Teacher*. doi: 10.1080/17404622.2018.1530798
- Curran, T. (2018). An actor-partner interdependence analysis of cognitive flexibility and indicators of social adjustment among mother-child dyads. *Personality and Individual Differences*, 126, 99 – 103. doi:10.1016/j.paid.2018.01.025
- Curran, T. & Arroyo, A. (2018). Emulating parental levels of taking conflict personally: Associations with behavioral and mental health outcomes in young adult children. *Journal of Family Communication* 18, 171 – 184. doi https://doi.org/10.1080/15267431.2018.1450254
- Curran, T., Samp, J., & Janovec, A. (2017). Transgenerational patterns of communication orientations and depression among mothers and adult children. *Communication Studies*, 68, 278 – 295. http://dx.doi.org/10.1080/10510974.2017.1318160
- Curran, T. & Andersen, K. (2017). Intergenerational transmissions of cognitive flexibility through expressions of maternal care. *Personality and Individual Differences*, 108, 32 – 34. doi: http://dx.doi.org/10.1016/j.paid.2016.12.001
- Curran, T., & Allen, J. (2017). Family communication patterns, self-esteem, and depressive symptoms: The mediating role of direct personalization of conflict. *Communication Reports*, 30, 80 – 90. http://dx.doi.org/10.1080/08934215.2016.1225224
- Curran, T. (2016). Emotional availability and social skills: A link between mother-child depressive symptoms. *Interpersona: An International Journal on Personal Relationships*, 10, 149 – 160.
- Curran, T., Monahan, J., Samp, J., Coles, V., DiClemente, R., & Sales, J. (2016). Sexual risk among African American women: Psychological factors and the mediating role of social skills. *Communication Quarterly*, 64, 536 – 552. http://dx.doi.org/10.1080/01463-373.2015.1132241
- Curran, T., & Yoshimura, S. (2016). Mother-child accounts of affectionate communication with fathers: Associations with life and family satisfaction. *Communication Reports*, 26, 163 – 174. http://dx.doi.org/10.1080/08934215.2016.1170171
- Arroyo, A., Segrin, C., & Curran, T. (2016). Maternal care and control as mediators in the relationship between mothers' and adult children's psychosocial problems. *Journal of Family Communication*. 16, 216 – 228. doi:10.1080/15267431.2016.1170684

Peer-Reviewed Invited Article

- Scharp, K. M. & Curran, T. (2018). Caregiving when there is family conflict and estrangement. *Generations – Journal of the American Society on Aging*, 42, 51- 56.

Peer-Reviewed Book Chapter

- Curran T., & Scharp, K. (2019). Conflict communication in families and mental health outcomes for parents: Examining mother and father reports of depressive and anxiety symptoms, verbal

aggression, and constructive conflict. In L. Lippert, R. Hall, A. Miller-Ott & D. Cochece (Eds). *Communicating Mental Health: History, Concepts, & Perspectives*.

GRANT ACTIVITY AND FUNDED RESEARCH

Waterhouse Family Institute for the Study of Communication and Society, \$10,000

Co-PI (with Analisa Arroyo, PI) on a research project titled “The intersection of racial privilege and gender oppression among White women: Transmission of identity awareness and engagement in anti-bias communication across three generations.”

Status: Funded.

External Grant: Waterhouse Family Institute, 2024.

Faculty-Student Summer Mentorship Grant, \$2,000

PI on a research project examining high-risk populations and their social interactions during the COVID-19 pandemic.

Status: Funded.

Internal Grant: Utah State University, 2022

Pioneering Ideas: Exploring the Future to Build a Culture of Health, \$46,000

PI on a research project titled “White privilege attitudes across generations: Family communication factors that mediate problematic parent-child race perceptions in White families.”

Status: Not funded. Reviewed at the third round.

External Grant: The Robert Wood Johnson Foundation

Mountain West Center for Regional Studies Small Grant Program, \$900

Co-PI (with John Seiter, PI) on a research project entitled “Social-Distancing Fatigue in Response to the COVID-19 Pandemic: An Examination of Contributing Factors and Effects.”

Status: Funded

Internal Grant: The Mountain West Center for Regional Studies, 2020.

Creative Activity and Research Enhancement Award, \$2,000

PI on project examining the transition to college, social skills, and mental health indicators, of first year students.

Status: Awarded

Internal Grant: Utah State University, 2018.

Dean’s Award, \$1,590

PI on project for dissertation research on family communication in conflict and mental well-being.

Status: Awarded

Internal Grant: University of Georgia, 2017.

AWARDS

Faculty Mentor of the Joyce Kinkead Outstanding Honor’s Capstone Award, 2023

Faculty Service Award in the Department of Communication Studies and Philosophy. Utah State University, 2022

Researcher of the Year in the Department of Languages, Philosophy, and Communication Studies. Utah State University, 2020. (finalist for the award at the College level).

Undergraduate Research Mentor of the Year in the Department of Languages, Philosophy, and Communication Studies. 2019.

Top Paper. Interpersonal Division. Southern States Communication Association. April, 2017.
Outstanding Graduate Teaching Award. University of Georgia, 2016.

Outstanding Service to the Department Award. University of Montana. Department of Communication Studies, 2014.

Top Graduate Paper. Northwest Communication Association. April, 2013.

PRESENTATIONS

Conference Papers and Presentations

Seiter, J., Curran, T., *Elwood, R. E., **Lindsay M. Negative social exchanges, loneliness, and the mediating role of stress and feeling misunderstood amongst people at high-risk for COVID-19 related complications. *International Communication Association*. (not in attendance). May, 2024.

Curran, T., Arroyo, A., Fabbriatore, J. The associations between White privilege critical consciousness, racial attitudes, and intergroup anxiety among parents and adult children in White families. *National Communication Association*. November, 2022.

Seiter, J. & Curran, T. Examining the role of online social presence, online self-disclosure, and loneliness on social-distancing fatigue during the COVID-19 pandemic. *National Communication Association*. November, 2021.

Seiter, J. & Curran, T. Sociability, pandemic-related identity gaps, and mental distress in the course of the COVID-19 crisis. *National Communication Association*. November, 2021.

Arroyo, A. & Curran, T., Ruppel, E. Direct and indirect associations among social skills, social support, and psychosocial outcomes: Replicating and extending the social skills deficit vulnerability model. *International Communication Association*. Virtual Conference. May, 2021

Curran, T., & Janovec, A., *Olsen K., Making others laugh is the best medicine: Humor orientation, health outcomes, and the moderating role of cognitive flexibility. *National Communication Association*. Baltimore, MD. November, 2019

Curran, T., & *Worwood, J., *Smart, J. Cognitive flexibility and anxiety symptoms: The mediating role of destructive parent-child conflict communication. (not in attendance). *Central States Communication Association*. Omaha, NE. April, 2019

- Curran, T. Intergenerational transmissions of mother-child loneliness: A moderated mediation model of familial support and conflict avoidance. *National Communication Association*. Salt Lake City, UT. November, 2018
- Curran, T., Scharp, K. Extending the broaden and build theory of positive emotions through an actor-partner interdependence analysis of emerging adults and their mothers. (not in attendance). *International Communication Association*. Prague, Czech Republic. May, 2018
- Seiter, J., Curran, T., Scharp, K., Chandler, M. G.I.F.T.S: Using Family Feud to Learn about Graphing, Reporting, and Analyzing Nominal Level Data. (not in attendance). *International Communication Association*. Prague, Czech Republic. May, 2018
- Scharp, K., Seiter, J., Curran, T., GIFTS: Learning supportive communication through an adaptation of the board game, Apples to Apples. (not in attendance). *International Communication Association*. Prague, Czech Republic. May, 2018
- Curran, T., Caban, S., Janovec, A. Maternal adult attachment styles and mother-child transmissions of social skills: A mediation analysis. *National Communication Association*. Dallas, presented by Anastacia Janovec and Sarah Caban. TX. November, 2017
- Curran, T., Samp J., Sturge-Apple, M., Davies, P. Parental depression, harsh parenting, and emotional availability during parent-adolescent conflict: An actor partner interdependence analysis. *National Communication Association*. Dallas, TX. November, 2017
- Curran, T., Emulating parental levels of taking conflict personally. Associations with behavioral and mental health outcomes among young adult children. *International Communication Association*. San Diego, CA. May, 2017.
- Curran, T., Samp, J., Janovec, A. Transgenerational patterns of depressive symptoms, conversation, and conformity orientations among mothers and adult children. *Southern States Communication Association*. Greenville, NC. April, 2017. **Top Paper – Interpersonal Division.**
- Curran, T., Allen, J. Family communication patterns, self-esteem, and depressive symptoms: The mediating role of direct personalization of conflict. *National Communication Association*. Philadelphia, PA. November, 2016.
- Samp, J., Coles, V., Curran, T., Monahan, J., DiClemente, R., Sales, J. The influence of trait anger and partner trust on depression, fear of condom negotiation and sexual activity among African-American Women. *International Communication Association*. Japan, 2016.
- Curran, T. Arroyo, A. Self-objectification, appearance-related communication, and depression among middle-aged women: A mediational pathway. *National Communication Association*. Las Vegas, NV. November, 2015.
- Curran, T. Yoshimura, S. Third party effects of affectionate communication in family subsystems: Examining influence on affectionate communication, mental well-being, and family satisfaction. *National Communication Association*. Las Vegas, NV. November, 2015.

Curran, T. What happens when one of us dies? Initial conversations regarding death in romantic relationships. *Southern States Communication Association*. Tampa Bay, FL. April, 2015.

Curran, T. She's a <Woman>: How the 1964 Beatles hit song defined the ideal woman. University of Montana. *Northwest Communication Association*, Coeur d'Alene, ID. April, 2014

Yoshimura, S., Anderson, C., Curran, T., Allen, N. The aspects, boundaries and limits of interpersonal revenge: The intimate revenge behavior measure. *National Communication Association*, presented by Stephen Yoshimura, Washington D.C. 2013

Anderson, C., Curran, T., Allen, N. Avenging communicative aggression: How revenge messages associate with conflict styles, perceptions of a just world, attachment styles, and forgiveness. *Northwest Communication Association*, Coeur d'Alene, ID. April, 2013. **Top Graduate Paper Award.**

CONFERENCE PANELS, INVITED TALKS, AND COLLOQUIA

Conference Panels

Presenter. Communicating Mental Health – History, Concepts, and Perspectives: A Roundtable Discussion on Studying Mental Health in the Communication Discipline. *National Communication Association*. Baltimore, MD. November, 2019.

Invited Talks

Family communication, mental health and suicide prevention. Talk presented with Dr. Kaitlin Phillips at the Brigham City Suicide Prevention Coalition in Brigham City, Utah. 2018

Difficult communication and communicating difficulty: a multi-paradigmatic approach to studying family relationships. Talk presented with Dr. Kristina Scharp at Kent State University. 2018

Invited speaker on early career development. Talk presented to undergraduate majors in Communication studies at Boise State. 2017

How to be an effective graduate student. Presented to students in the Introduction to Graduate Studies course at the University of Georgia, 2016.

Advanced time management as a graduate student. Presented to students in the Introduction to Graduate Studies course at the University of Georgia, 2015.

Colloquia

Examining the link between mental health and relational communication. Presented at the University of Georgia, 2017.

Affectionate communication and life and family satisfaction among mother-child dyads. Presented at the University of Montana, 2013

TEACHING EXPERIENCE

Courses Taught at Utah State University

Communication, Mental Health, and Social Inequality
Communication in Family Contexts
Quantitative Research Methods
Health Communication
Introduction to Interpersonal Communication

Courses Taught at the University of Georgia

Empirical Research Methods.
Special Topics in Interpersonal Communication: Communication and Mental Health
Special Topics in Interpersonal Communication: Family Communication
Introduction to Interpersonal Communication
Relational Communication (TA)

Courses Taught at the University of Montana

Introduction to Public Speaking
Introduction to Interpersonal Communication (TA).

MENTORING EXPERIENCE

Student Advising – Major Advisor

Cassi Craig, M.A. (2022-2023).

Marissa Saez, M.A. (2023)

- Thesis: *A Dyadic Analysis of Fat Talk and Body Esteem Amongst Romantic Couples*
 - **Recipient of a top student paper at the 2023 Northwest Communication Association**

Jaimee Smart, M.A. (2021)

- Thesis: *The Relationship Between Social Skills and Coping Drinking Motives: A Test of the Social Skills Deficit Vulnerability Model*

MiKenna DeBruin, B.A. (2023)

- Thesis: *Applying the Extended Parallel Process Model to climate change communication*
 - **Winner of the 2023 Joyce Kinkead Outstanding Capstone Award in the Arts, Humanities and Social Sciences**
 - **Winner of an Undergraduate Research and Creative Opportunities (URCO) Grant**

McKenzie Benson, B.A (2018)

- Thesis: *How children describe negative adoption experiences*

Graduate Advising - Committee Member

- Abi Kent M.A. student
- Jessie Marinho M.A. (2023)
- Travis Bergon M.A. (2022)
- Cody Clayton M.A. (2022)
- David Jenks, Ph.D. (2021)
- Adam Johnson, M.A. (2019)

SERVICE ACTIVITY

Service to the Discipline

Editorial Board, *Journal of Family Communication*, 2020- present.
 Editorial Board, *Communication Research Reports*, 2020- present.
 Editorial Board, *Southern Communication Journal*, 2017 – present.
 Ad Hoc reviewer, *Journal of Social and Personal Relationships*
 Ad Hoc reviewer, *Personal Relationships*
 Ad Hoc reviewer, *Journal of Family Studies*
 Ad Hoc reviewer, *Health Communication*
 Ad Hoc reviewer, *Psychological Reports*
 Ad Hoc reviewer, *Family Relations*
 Ad Hoc reviewer, *Journal of Family Communication*
 Ad Hoc reviewer, *Communication Reports*
 Ad Hoc reviewer, *Communication Quarterly*
 Ad Hoc reviewer, *Journal of Amateur Sport*
 Book Chapter Reviewer: *Communicating Mental Health: History Contexts & Perspectives*. 2018
 Book Reviewer, *Communication and Relationship Maintenance*. 2018
 Mentor/Mentee Program participant. NCA, Family Communication Division, 2023.
 Paper Reviewer, NCA. Family Communication Division.
 Paper Reviewer, NCA. Interpersonal Communication Division.
 Paper Reviewer, WSCA. Interpersonal Communication Division.
 Committee Member, NCA. Family Communication Division. Distinguished Article and Book Award Committee. 2018
 Panel Chair Interpersonal Communication Division. ICA, 2017.

Service to the University and Department at Utah State

Panel Chair. Tanner Symposium, *Race, Ethnicity and Health: Historical and Contemporary Disparities*. October, 2017.
 Reviewer for USU Honors Program. 2019
 Department honors advisor for undergraduates. Fall 2017 – 2019
 Search Committee Chair: Tenure-track position. Spring, 2022
 Search Committee Chair: Tenure-track position. Fall, 2019
 Search Committee Member: Tenure-track position. Fall, 2022
 Search Committee Member: Tenure-track position. Fall, 2018
 Search Committee Member: Visiting Assistant Professor/Instructor. Spring 2019
 Search Committee Member: Post-doc teaching fellow. Spring, 2018
 Tenure and Promotion Chair, Amanda Lilly
 Tenure and Promotion Committee, Dorothy Wallis
 Tenure and Promotion Committee, Mike Ashfield
 Tenure and Promotion Committee, Brittany Gentry
 Tenure and Promotion Committee, Sydney O'Shay
 Tenure and Promotion Committee, Jasmine Chen
 Tenure and Promotion Committee fill in, Sidi Meyera
 Faculty representative at high school day for CHASS. January, 2018
 Faculty Representative: Communication Studies Club. Spring 2019 – 2020
 Faculty Advisor: Global communication major, 2017 – present

Communication Studies Major/Minor Application Reviewer